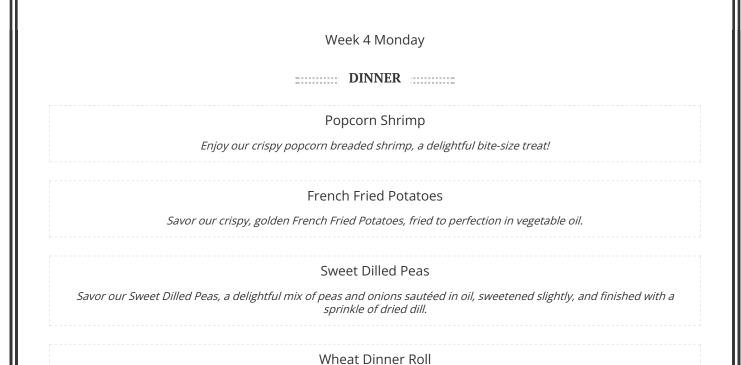
Week 4 Monday BREAKFAST Oatmeal w/Raisins Savor the creamy quick oatmeal gently folded with plump, juicy raisins for a delightful breakfast. Country Omelet Savory country omelet packed with fresh green peppers, mushrooms, onions, and Swiss cheese. Fresh Grapes Enjoy a simple, refreshing portion of freshly cleaned, stemless green grapes. Dry Wheat Toast

Enjoy our classic wheat toast, lightly toasted to a golden brown.

Caramel Apple Slices

Savor the sweetness of baked apples generously topped with rich caramel sauce.

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Delightful whole wheat rolls, baked to a perfect golden brown.

Vanilla Ice Cream

Indulge in a generous scoop of rich, creamy Vanilla Ice Cream served in a dessert dish.

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Week 4 Tuesday

BREAKFAST

Raisin Bran Cereal

Enjoy a simple bowl of crunchy Raisin Bran Cereal, rich with natural sweetness.

Turkey Sausage Patty

Savory turkey sausage patty, baked to perfection for a hearty and satisfying meal.

Fresh Orange Wedges

Enjoy the simple, refreshing taste of our carefully cut fresh orange wedges.

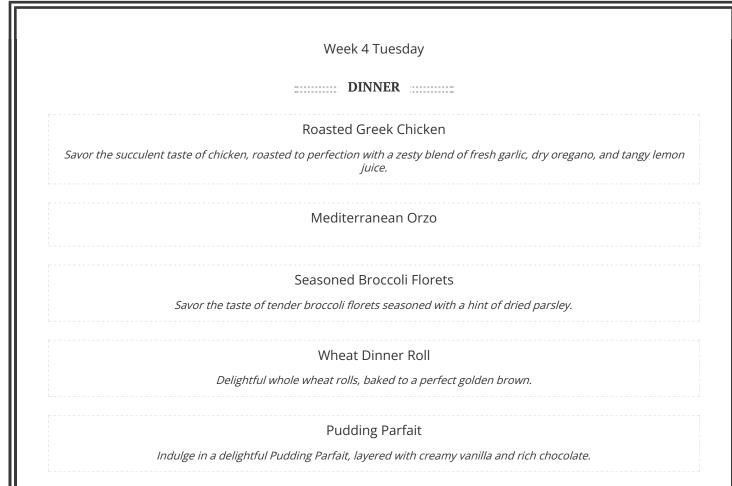
English Muffin

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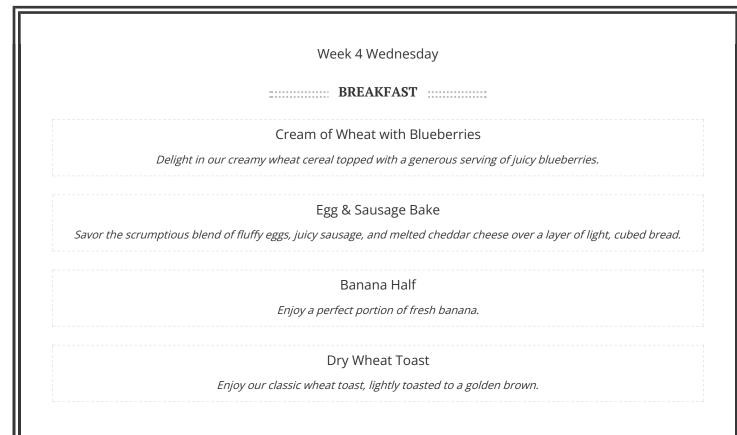
Week 4 Tuesday LUNCH Baked Potato Soup Saltine Crackers Hearty baked potato soup topped with savory bacon, fresh green onions and melted cheddar cheese. Mushroom Swiss Burger Indulge in a juicy beef patty topped with Swiss cheese and sautéed mushrooms, nestled in a fluffy white bun. Plain Potato Chips Beet & Onion Salad A refreshing salad of lightly marinated beets and onions, served on a bed of crisp green lettuce. Peach Pinwheel

Enjoy our Peach Pinwheel, a delightful arrangement of peach slices and whipped topping, garnished with a cherry.

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Delightful applesauce cookies, sweetened with sugar, spiced with cinnamon, cloves, and filled with raisins and pecans.

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Week 4 Thursday

BREAKFAST

Corn Flakes

Enjoy a simple, classic bowl of crunchy Corn Flakes cereal.

Fried Egg

A classic fried egg, delicately cooked and flipped to perfection for a hearty meal.

Chilled Pears

Enjoy our refreshing, juicy and sweet sliced pears for a light delight.

Banana Bran Muffin

Delicious, moist muffins, bursting with fresh bananas and wholesome bran.

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Week 4 Thursday LUNCH Saltine Crackers Hamburger Soup Grilled Swiss Cheese Sandwich Deliciously grilled Swiss cheese sandwich, crisp on the outside with a creamy melt inside. Creamy Pasta Salad A refreshing pasta salad, with tri-color rotini, fresh cucumber, crisp celery, and a creamy ranch dressing, topped with dried parsley. Celery Sticks Ranch Dressing Freshly cut, crisp celery sticks, perfect for a nutritious, crunchy snack. Fresh Fruit Salad

Enjoy a refreshing mix of oranges, bananas, pineapples, cherries, and red apples, fresh and juicy.

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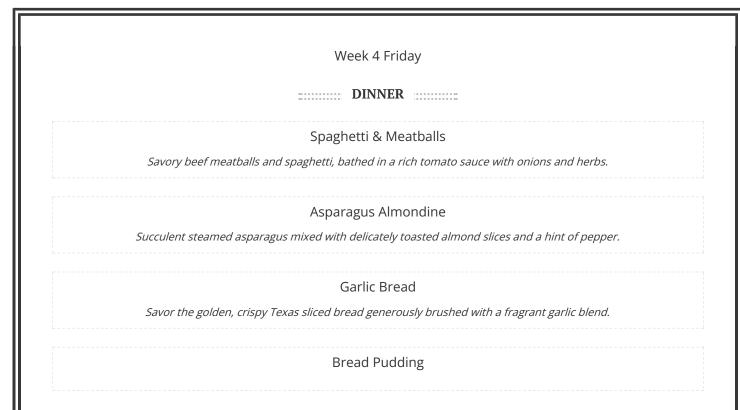
Week 4 Thursday DINNER Southern Fried Chicken Succulent chicken thigh, seasoned with pepper and paprika, coated in flour, and fried to golden perfection. Mashed Potatoes & Poultry Gravy Enjoy the comfort of tender, freshly mashed potatoes smothered in savory poultry gravy. Green Beans Oregano Tender green beans seasoned with fragrant oregano, cooked to perfection. Focaccia Herb Roll Pineapple Upside-down Cake

Savor our delectable pineapple upside-down cake, a sweet blend of brown sugar and pineapple topped with a fluffy, golden cake.

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Week 4 Saturday

BREAKFAST

Rice Crispy Cereal

Enjoy a bowl of classic Rice Crispy cereal, a simple and delightful crunch.

Cinnamon Streusel Coffeecake

Indulge in the sweet, comforting taste of our Cinnamon Streusel Coffeecake.

Fresh Orange Wedges

Enjoy the simple, refreshing taste of our carefully cut fresh orange wedges.

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Breaded Pork Chop

DINNER

Savory pork chop, lightly breaded and seasoned, then baked to perfection for a crispy finish.

Macaroni & Cheese

Creamy macaroni coated in a rich, smooth cheddar cheese sauce, topped with crispy breadcrumbs.

Pepper Medley

Fresh red and green peppers expertly grilled in vegetable oil for a satisfying crunch.

Cornbread

Delightfully moist and fluffy cornbread, baked until golden brown.

Peanut Butter Pie

Fluffy peanut butter pie with a crunchy graham cracker crust, topped with smooth chocolate syrup.

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Meatball Soup

Savory meatballs paired with tender rice, fresh vegetables, and a sprinkle of parmesan cheese in a hearty soup.

Tuna Mac Casserole

Savory tuna and pasta casserole, mixed with fresh celery, onions, peas and pimento, topped with shredded cheddar cheese.

Wax Beans & Red Peppers

Savor the blend of tender wax beans and diced red peppers, seasoned perfectly with paprika.

Wheat Dinner Roll

Delightful whole wheat rolls, baked to a perfect golden brown.

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Week 4 Sunday	
DINNER	
Pancakes	
Fluffy, golden brown pancakes, lightly greased and stacked for ultimate moistness.	
Bacon Strips Crisp, mouthwatering bacon strips, carefully baked to perfection and drained.	
Mandarin Oranges	
Strawberry Cheesecake	

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Week 6 Monday

Cinnamon Oatmeal

BREAKFAST

Enjoy a bowl of our Cinnamon Oatmeal, a creamy cereal sweetened with light brown sugar and a hint of cinnamon.

Country Omelet

Savory country omelet packed with fresh green peppers, mushrooms, onions, and Swiss cheese.

Fresh Grapes

Enjoy a simple, refreshing portion of freshly cleaned, stemless green grapes.

Dry Wheat Toast

Enjoy our classic wheat toast, lightly toasted to a golden brown.

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Week 6 Monday

	 LUNCH	
Wild Rice Cream Soup		Sa

Savour the rich blend of wild and long grain rice, tender celery, onions, mushrooms, and juicy chicken in a creamy, flavorful soup.

Saltine Crackers

Chicken Tenders

Succulent chicken tenders, deep-fried or baked to golden perfection.

Sweet Potato Waffle Fries

Crispy sweet potato waffle fries, cooked to perfection for a delightful crunch.

Spinach Orange Salad with Dressing

Refreshing blend of spinach and lettuce mixed with vibrant orange slices and crisp onion rings, finished with a tangy homemade dressing.

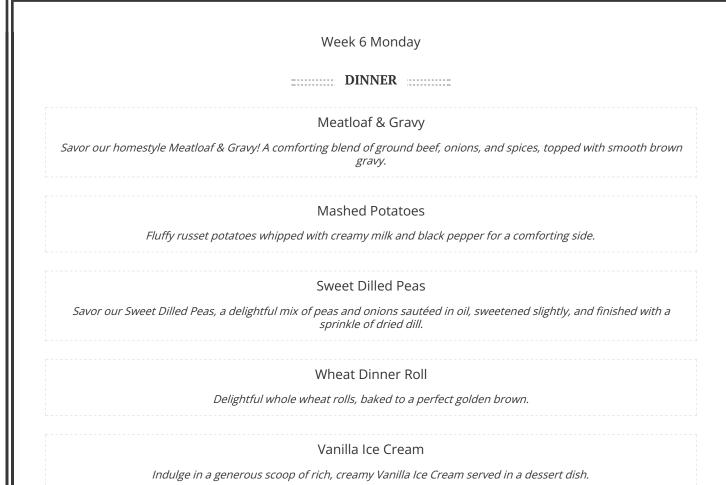
Wheat Dinner Roll

Delightful whole wheat rolls, baked to a perfect golden brown.

Caramel Apple Slices

Savor the sweetness of baked apples generously topped with rich caramel sauce.

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Week 6 Tuesday BREAKFAST Raisin Bran Cereal Enjoy a simple bowl of crunchy Raisin Bran Cereal, rich with natural sweetness. Egg Sausage Cheese Biscuit Fresh Orange Wedges Enjoy the simple, refreshing taste of our carefully cut fresh orange wedges.

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Week 6	Tuesday
LUI	NCH :::::::::
Baked Potato Soup Hearty baked potato soup topped with savory bacon, fresh green onions and melted cheddar cheese.	Saltine Crackers
Enjoy a refreshing Chicken Caesar Salad with creamy dressin	Salad w/Dressing ng, fresh lettuce, juicy chicken, grated Parmesan, and crunchy utons.
	Breadstick th grated parmesan cheese for a savory treat.
Peac	:h Pie

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Week 6 T	uesday
DINN	NER :::::
Country Fried Steak	Country Gravy A heartwarming, homestyle country gravy, carefully prepared for a true taste of comfort.
Mashed Swee	
Seasoned Bro	occoli Florets

Wheat Dinner Roll

Savor the taste of tender broccoli florets seasoned with a hint of dried parsley.

Delightful whole wheat rolls, baked to a perfect golden brown.

Pudding Parfait

Indulge in a delightful Pudding Parfait, layered with creamy vanilla and rich chocolate.

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Week 6 Wed	nesday
LUNCH	f
Chili Soup Hearty chili soup with beef, fresh green peppers, onions, tomatoes, kidney beans, and mild spices.	Saltine Crackers
Fried Shri Crispy, golden fried shrimp, coated in a de	
Crispy, goiden med simmp, coated in a de	encious preduing. A classic lavorite:
Tator To	pts
Crunchy, golden tater tots made from the fi	reshest potatoes for a classic delight.
Hawaiian Co	ıleslaw
A tropical twist on classic coleslaw with creamy dr	essing, fresh cabbage, and juicy pineapple.
Hawaiian	Roll
Tropical Fru	it Cup
A delightful mix of refreshing pineapple, zesty or	range, creamy coconut, and sweet mango.

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Week 6 Wednesday
DINNER
Chicken Noodle Casserole
Savor a heartwarming Chicken Noodle Casserole, teeming with tender chicken, fresh vegetables, and noodles, all under a crispy breadcrumb topping.
Peas & Onions
Tender peas and onions, seasoned perfectly and mixed for a delightful taste.
Wheat Dinner Roll
Delightful whole wheat rolls, baked to a perfect golden brown.
Apple Pie

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Week 6 Thursday BREAKFAST Corn Flakes Enjoy a simple, classic bowl of crunchy Corn Flakes cereal. Egg & Sausage Bake Savor the scrumptious blend of fluffy eggs, juicy sausage, and melted cheddar cheese over a layer of light, cubed bread. Chilled Pears Enjoy our refreshing, juicy and sweet sliced pears for a light delight.

Banana Bread

Deliciously sweet banana bread baked with fresh bananas, a hint of cinnamon, and vanilla.

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Week 6	Thursday
LU	NCH
Vegetable Soup Savor our hearty vegetable soup, brimming with tomatoes, carrots, celery, onions, potatoes, and green beans, with a hint of pepper.	Saltine Crackers
	Sandwich uce, ripe tomatoes, and onion on a lightly toasted white bun.
Plain Po	tato Chips
Carrot & Celery Sticks Freshly cut, crisp carrot and celery sticks for a healthy and satisfying crunch.	Ranch Dressing
Pec	an Pie

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Week	6 Friday	
: LU	NCH ::::::	
Broccoli Cheese Soup	Saltine Crackers	
Creamy cheddar soup with tender broccoli florets and sautéed onions, lightly seasoned.		
Reuben	Sandwich	
Savory corned beef layered with tangy sauerkraut, Swiss	s cheese, and rich dressing on rye bread, delicately grilled.	
Waffl	e Fries	
Crispy golden waffle-cut potatoes	s, an enjoyable twist on classic fries.	
Brocc	oli Slaw	
A tasty, fresh mix of broccoli, slaw mix, vinegar, parsley, s	sugar, black pepper, dill, ground mustard, and mayonnaise.	
Chocolate	e Cream Pie	

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Week 6 Friday
DINNER
Herb Roasted Salmon
Succulent salmon fillet, perfectly roasted and brushed with fresh lemon, dill & chives.
Roasted Red Potatoes
Savory roasted red potatoes, delicately coated in oil and sprinkled with ground black pepper.
Pacific Blend Vegetables
Snap Peas, Carrots, Broccoli
Wheat Dinner Roll
Delightful whole wheat rolls, baked to a perfect golden brown.
Bread Pudding

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Week 6 Saturday

BREAKFAST

Rice Crispy Cereal

Enjoy a bowl of classic Rice Crispy cereal, a simple and delightful crunch.

Pancakes

Fluffy, golden brown pancakes, lightly greased and stacked for ultimate moistness.

Bacon Strips

Crisp, mouthwatering bacon strips, carefully baked to perfection and drained.

Fresh Orange Wedges

Enjoy the simple, refreshing taste of our carefully cut fresh orange wedges.

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Week 6 Saturday

LUNCH

Minestrone Soup

Saltine Crackers

Savory Minestrone soup with sautéed vegetables, bacon, tomatoes, beans, pasta, and fresh spinach.

Grilled Ham & Cheese Sandwich

Savor the classic comfort of a grilled sandwich, stuffed with sliced ham and melted American cheese.

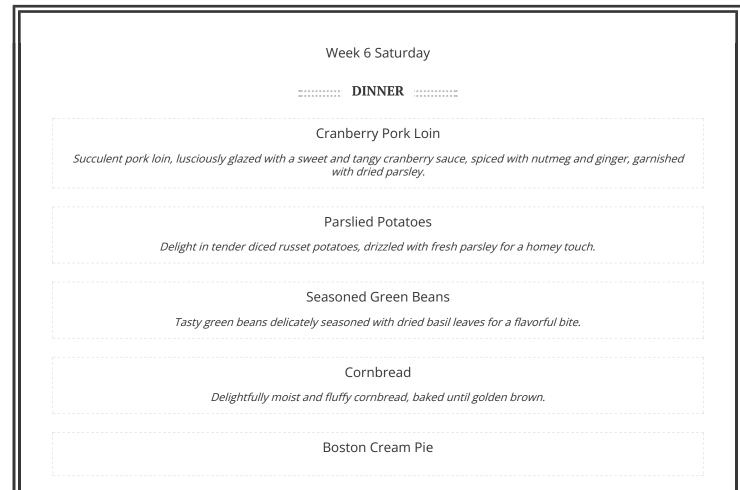
Plain Potato Chips

Three Bean Salad

Crispy Rice Bar

Savor our Crispy Rice Bar, a delightful treat of mini marshmallows melted into puffed rice cereal.

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Week 6 Sunday BREAKFAST Cream of Wheat Enjoy our creamy and thick Cream of Wheat cereal, whisked to perfection. Blueberry Muffin Freshly baked muffins, generously filled with sweet, juicy blueberries. Breakfast Ham Savor the taste of our Breakfast Ham, sliced and grilled to a golden brown perfection. Banana Half Enjoy a perfect portion of fresh banana.

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LUNCH

Cream of Chicken Soup

Savory cream of chicken soup with tender celery and a hint of pepper, perfect for a warm delight.

Saltine Crackers

Beef & Cheese Deli Sandwich

Savory thin-sliced roast beef layered with Swiss and American cheese on soft white bread.

Lettuce Tomato Onion

Enjoy the crisp freshness of handpicked lettuce, ripe tomatoes, and onions.

Sweet Potato Fries

Savor the simple pleasure of crispy, perfectly seasoned Sweet Potato Fries.

Spinach Salad

A fresh and tasty spinach salad, tossed lightly with onions, celery, and hard-boiled egg.

Pear & Lime Gelatin

Enjoy our refreshing Pear & Lime Gelatin, a delightful mix of sweet pears and tangy citrus served on a crisp lettuce leaf.

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	6 Sunday
DII	NNER ::::::
Sausage Gravy Savory sausage gravy made with wholesome pork, sprinkled with a hint of black pepper.	Biscuit Enjoy our freshly baked, delightfully fluffy buttermin biscuits, golden brown to perfection.
Tasty scrambled eggs, b	bled Egg Jended with milk for added d a hint of richness.
Ва	nana
Che	rry Pie

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